## A Wide range of Classes

A wide range of fitness classes now available to suit all of your fitness needs, from the energetic Zumba to calming Yoga & Pilates….. All sessions are pay as you go – Prices for 2023 £6.60 per session or £55.00 for 10 studio sessions (Studio tickets can be used for any class).

We now offer a Four Week Studio Pass- £38.50 for Unlimited studio classes  Terms and conditions apply. Please call 01905 421089 for more information. Please note this does NOT include free public swimming.

All classes can be booked one week in advance. You will be able to book onto the class from 6am a week before. Booking is on a first come first served basis. (Payment on booking) To register your interest please contact the pool (01905) 421089 or email info@lowerwickswimmingpool.co.uk